

FREE *Virtual* SEMINAR FOR CAREGIVERS



CAREGIVER PLANNING STRATEGIES FOR OVERCOMING COMPASSION FATIGUE

**THURSDAY
MARCH 18, 2021
11:00 am**

You have a lot on your plate. As a caregiver, fatigue is common. Let us help by offering some tried and true planning strategies. This presentation will help you recognize the signs of caregiver fatigue, share resources and assist in planning for the future. This FREE seminar is presented virtually, via zoom. Attendees may connect by phone or by zoom conference call.

Presented in partnership by:



BRATTON
ESTATE & ELDER CARE ATTORNEYS

Program is FREE. Pre-registration is required.
Registered attendees will receive link to connect.

Register online at <http://bit.ly/2MPk9e8>.
Questions? Call (800) 458-0651 or email Beth
Gebhart at bgebhart@lsmnj.org.

To learn more about Journey Hospice, visit www.journeyhospicenj.org.

Do you know someone interested in volunteering? Our volunteers make phone calls, visit patients, sew blankets, make memory bears and more. Call (609) 760-6073.